



Stop and **Think** Sheet

1. What poor decision did I make? Why?

2. What could I have done that would've been a smarter decision?

3. How did my poor choice impact other people in our community?

5. How can I prevent myself from making that poor choice again?

6. What should happen if I make this poor choice again? What is an appropriate consequence?

**I have completed this sheet with honest answers and my best effort.
If it appears that I haven't, I will be asked to redo it.**

Student Signature _____ Date _____

**Parents/Guardians, please sign and return this page after discussing it with your child.
Include comments on the back, or feel free to email me if you wish to discuss this further.**

Parent Signature _____ Date _____